

Nutrition Science

2025 Elective Units

Last updated 13 September 2024

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Please refer to the [2025 ACU Handbook](#) for descriptions of Elective units.

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Bachelor of Nutrition Science – No Major or Minor

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025:

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR404	Advanced Culinary Nutrition Science		M		M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL206	Human Genetics			C	C		C	Pre: BIOL123 or BIOL125
BUSN104	Money Matters		C	C	C	C	C	Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets		C	C	C	C	C	Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations		A	C	C	C	C	Pre: NIL Inc: MGMT100, Inc: BUSD113
ENTR301	Managing Entrepreneurship and Innovation		M	M	M	M	M	Pre: NIL Inc: MGMT311
HLSC120	Indigenous Health and Culture		C	C	C	C	C	Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
MKTG209	Digital Marketing: The Connected Space		M	M	M	M	M	Pre: NIL Inc: MKTG311
NUTR309*	Work Placement 1		Nth Syd		M		M	Pre: NUTR202
EXSC119	From Health to High Performance		C	C	C	C		Inc: EXSC121, EXSC394
PSYC100	Foundations of Psychology			C	C	C		Pre: NIL

* HLSC220 may also be offered in Rome in 2025. Please see '[Study health sciences overseas – ACU](#) for more information.

NUTR308 will be offered in Bali in Summer 2026. Please see '[Study health sciences overseas – ACU](#) for more information.

NUTR308 will be offered in Rome in Professional Term 4 2025 (or equivalent International Term). Please see '[Study health sciences overseas – ACU](#) for more information

NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2025. Failure to meet these requirements will result in ineligibility to participate in this unit.

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp
NUTR405	Foods for Special Diets		Nth Syd M		M		M	Pre: NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL205	Introduction to Pharmacology			C	C		C	Pre: BIOL124 or BMSC209
BMSC110	Communicating Ideas in Science			C	C		C	Pre: NIL
BMSC207	Microbiology and Immunology			C	C		C	Pre: BIOL123 or BIOL125
BUSN104	Money Matters			C	C			Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets							Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations		C	C	C	C	C	Pre: NIL Inc: Pre: MGMT100, BUSD113
ENTR201	Entrepreneurial Mindset		M	M	M		M	Pre: NIL Inc: MGMT210
HLSC120	Indigenous Health and Culture		C					Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309
PSYC101	Applications of Psychology				C	C		Pre: NIL

* HLSC220 may also be offered in Rome in 2025. Please see [‘Study health sciences overseas – ACU’](#) for more information.

NUTR308 Will be offered in Rome in PT4 2025 (or equivalent International Term) in and Bali in Summer 2026. Please see [‘Study health sciences overseas – ACU’](#) for more information.

Key:

C = On Campus **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

* = International Experience* = International Experience

Bachelor of Nutrition Science – Major Culinary Nutrition

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Pre: Completion of 80cp

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters		C	C	C	C	C	Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets		C	C	C	C	C	Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations			C	C			Pre: NIL Inc: MGMT100, BUSD113
ENTR301	Managing Entrepreneurship and Innovation		M	M	M	M	M	Pre: NIL Inc: MGMT311
MKTG209	Digital Marketing: The Connected Space		M	M	M	M	M	Pre: NIL Inc: MKTG311
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC207	Microbiology and Immunology			C	C		C	Pre: BIOL123 or BIOL125
BUSN104	Money Matters			C	C			Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets							Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations		C	C	C	C	C	Pre: NIL Inc: MGMT100, BUSD113
ENTR201	Entrepreneurial Mindset		M	M	M		M	Pre: NIL Inc: MGMT210
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309

* NUTR308 Will be offered in Rome in PT4 2025 and Bali in Summer 2026. Please see [Study health sciences overseas – ACU](#) for more information.

NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2025. Failure to meet these requirements will result in ineligibility to participate in this unit

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Bachelor of Nutrition Science Major Food Science

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Pre: Completion of 80cp

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR404	Advanced Culinary Nutrition Science				M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters		C	C	C	C	C	Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets		C	C	C	C	C	Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations		C	C	C	C	C	Pre: NIL Inc: MGMT100, BUSD113
ENTR301	Managing Entrepreneurship and Innovation		M	M	M	M	M	Pre: NIL Inc: MGMT311
MKTG209	Digital Marketing: The Connected Space		M	M	M	M	M	Pre: NIL Inc: MKTG311

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Pre: Completion of 80cp
NUTR405	Foods for Special Diets		Nth Syd M		M		M	Pre: NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters			C	C			Pre: NIL Inc: ACCT100, BUSD104
BUSN112	Managing Markets							Pre: NIL Inc: MKTG100, BUSD112
BUSN113	Managing People and Organisations		C	C	C	C	C	Pre: NIL Inc: MGMT100, BUSD113
ENTR201	Entrepreneurial Mindset		M	M	M		M	Pre: NIL Inc: MGMT210

* NUTR308 Will be offered in Rome in PT4 2025 and Bali in Summer 2026. Please see [Study health sciences overseas – ACU](#) for more information.

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***** = International Experience ***** = International Experience

Bachelor of Nutrition Science – Major Public Health

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH304	Public Health Advocacy				C			Pre: PUBH100 or PUBH102 or PUBD102

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH200	Globalisation, Environment and Health				C			Pre: PUBH100 or PUBH102 or PUBD102
PUBH303	Applied Public Health Communication				M			Pre: PUBH100 or PUBH102 or PUBD102
PUBH305	Applied Public Health 2				M			Pre: PUBH302
PUBH312	Applied Public Health Promotion				M			Pre: PUBH102 or PUBD102

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***** = International Experience ***** = International Experience

Bachelor of Nutrition Science – Minor Exercise Science

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column
- [Business electives](#) can be taken from any undergraduate business elective unit available, as listed by the Faculty of Law and Business

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025::

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC204	Exercise, Prescription and Delivery		M	M	M	M		Pre: EXSC225
EXSC216	Resistance Training: Science and Application		M	M	M	M		Pre: EXSC225 or EXSC222
EXSC322	Exercise Physiology Adaptation to Exercise and the Environment		M	M	M	M		Pre: EXSC225 Inc: EXSC242

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Bachelor of Nutrition Science – Minor Sports Nutrition

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column
- [Business electives](#) can be taken from any undergraduate business elective unit available, as listed by the Faculty of Law and Business

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2025::

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC322	Exercise Physiology Adaptation to Exercise and the Environment		M	M	M	M		Pre: EXSC225 Inc: EXSC242
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309

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* = International Experience

PLEASE NOTE FOR THE MAPS ABOVE

Prerequisites (*'Pre:'*) and Incompatibles (*'Inc:'*) are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT DELIVERY MODES

C - Campus attendance

Learning activities or classes are primarily face-to-face at an ACU campus or approved ACU delivery site.

M - Multi-mode

Learning activities are online with a compulsory attendance component (including examinations, practicums, residentials etc).

OU - Online unscheduled

Fully online with learning activities accessible at any time (including assessments).

OS - Online scheduled

Fully online with learning activities held at scheduled times (including assessments).

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Nutrition Science Administration Email: Nutrition.Admin@acu.edu.au
National Course Coordinator	Dr Ryan Tam (Lecturer Nutrition Science) Email: Ryan.Tam@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).