

**Bachelor of Exercise Science /
Bachelor of Business Administration**

(Information last updated on 11 September 2024)



Course Map

Bachelor of Exercise Science/Bachelor of Business Administration - February Entry 2023 2

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Electives – See Unit Offerings 2025 tab

Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 11 September 2024)



Course Map Brisbane, Melbourne, and Strathfield For Students who commenced in February 2023

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2023	BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112) On-campus	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187) On-campus	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199) On-campus	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100) On-campus
SEM 2 2023	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113) On-campus	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104) On-campus	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204) On-campus	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111) On-campus
YEAR 2				
SEM 1 2024	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200) Multi-mode	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200) On-campus	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multi-mode
SEM 2 2024	MKTG207 Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101) On-campus	CoreCurriculum (10cp) Unit 1 See here for unit and pre- requisite details	Exercise Science Elective (10cp) See Unit Offerings 2025 Tab
YEAR 3				
SEM 1 2025	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204) Multi-mode	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	CoreCurriculum (10cp) Unit 2 See here for unit and pre- requisite details
SEM 2 2025	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201) On-campus	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104; Inc: BIPX100, BIPX201) Multi-mode	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multi-mode
	EXSC205* (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

<p>SEM 1 2026</p>	<p>ENTR301 (10cp) Managing Entrepreneurship and Innovation <i>(Inc: MGMT311)</i> Multi-mode</p>	<p>Exercise Science Elective (10cp) <i>See Unit Offerings 2025 Tab</i></p>	<p>EXSC399 (20 cp) Industry Experience <i>(Pre: ANAT100, EXSC205, EXSC225)</i> Multi-mode</p>	
<p>SEM 2 2026</p>	<p>MGMT304 (10cp) Strategic Management <i>(Pre:MGMT213 or HRMG204)</i> Multi-mode</p>	<p>BIPX301 (10cp) Professional Experience <i>(Pre: BIPX202)</i> Multi-mode</p>	<p>EXSC230 (10cp) Motor Control and Learning <i>(Pre: EXSC187)</i> Multi-mode</p>	<p>EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment <i>(Pre: EXSC225; Inc: EXSC242)</i> Multi-mode</p>

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Course Map

Brisbane, Melbourne, and Strathfield

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SEM 2 2022	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113) On-campus	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104) On-campus	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204) On-campus	BUSN111 (10cp) Working with Technology (Inc: ITEC100, BUSD111, ITED100, ISYS111) On-campus If not yet complete – contact Course Coordinator
YEAR 2				
SEM 1 2023	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200) Multi-mode	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200) On-campus	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multi-mode
SEM 2 2023	MKTG207 Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101) On-campus	CoreCurriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2025 Tab
YEAR 3				
SEM 1 2024	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204) Multi-mode	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	CoreCurriculum (10cp) Unit 2 See here for unit and pre- requisite details
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<p>SEM 1 2025</p>	<p>ENTR301 (10cp) Managing Entrepreneurship and Innovation <i>(Inc: MGMT311)</i> Multi-mode</p>	<p>Exercise Science Elective (10cp) <i>See Unit Offerings 2025 Tab</i></p>	<p>EXSC399 (20 cp) Industry Experience <i>(Pre: ANAT100, EXSC205, EXSC225)</i> Multi-mode</p>	
<p>SEM 2 2025</p>	<p>MGMT304 (10cp) Strategic Management <i>(Pre:MGMT213 or HRMG204)</i> Multi-mode</p>	<p>BUSN304 Working with Diversity and Conflict OR BIPX301 (10cp) Professional Experience <i>(Pre: BIPX202)</i> Multi-mode</p>	<p>EXSC230 (10cp) Motor Control and Learning <i>(Pre: EXSC187)</i> Multi-mode</p>	<p>EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment <i>(Pre: EXSC225; Inc: EXSC242)</i> Multi-mode</p>

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PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT DELIVERY MODES

C - Campus attendance

Learning activities or classes are primarily face-to-face at an ACU campus or approved ACU delivery site.

M - Multi-mode

Learning activities are online with a compulsory attendance component (including examinations, practicums, residential etc).

OU - Online unscheduled

Fully online with learning activities accessible at any time (including assessments).

OS - Online scheduled

Fully online with learning activities held at scheduled times (including assessments).

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Exercise Science Administration Email: ExerciseScience.Admin@acu.edu.au
School of Business	Undergraduate Business Administration Email: Business.UG@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).