

Master of Clinical Exercise Physiology

2025 Elective Units

Last updated 11 September 2024

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Please refer to the [2025 ACU Handbook](#) for descriptions of listed Elective units.

Electives 2025

- Units should be taken in sequence as listed in the program map.
- Elective units to be selected in consultation with the Course Coordinator

ACU Term 1 Mon 03 Feb 2025 to Sun 13 Apr 2025 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 17 Feb 2025

CODE	TITLE	Mode	Prereq
EXSC510#	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515#	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
HLSC650#	Recovery Oriented Mental Health (10cp)	Online OU	Nil
HLSC651#	Holistic Individual Centred Mental Health Practice (10cp)	Online OU	Nil

select Study Period "ACU Term 1" in Student Connect)

Semester 1 Mon 03 Mar 2025 to Sun 29 Jun 2025 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment) Census: Mon 31 Mar 2025

CODE	TITLE	Mode	Prereq
HLSC641	Introduction to Health Sciences Research (10cp)	Multi-mode MEL	Nil
HLSC641	Introduction to Health Sciences Research (10cp)	Online OU	Nil

select Study Period "ACU Term 2" in Student Connect)

ACU Term 2 Mon 28 Apr 2025 to Sun 06 Jul 2025 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 12 May 2025

CODE	TITLE	Mode	Prereq
HLSC641#	Introduction to Health Sciences Research (10cp)	Online OU	Nil
EXSC650#	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651#	Sports Injury Prevention (10cp)	Online OU	Nil
EXSC669#	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 2" in Student Connect)

ACU Term 3 Mon 21 Jul 2025 to Sun 28 Sep 2025 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 04 Aug 2025

CODE	TITLE	Mode	Prereq
EXSC510#	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515#	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
HLSC650#	Recovery Oriented Mental Health (10cp)	Online OU	Nil
HLSC651#	Holistic Individual Centred Mental Health Practice (10cp)	Online OU	Nil

select Study Period "ACU Term 3" in Student Connect)

ACU Term 4 Mon 13 Oct 2025 to Sun 21 Dec 2025 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 27 Oct 2025

CODE	TITLE	Mode	Prereq
EXSC650#	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651#	Sports Injury Prevention (10cp)	Online OU	Nil
EXSC669#	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 4" in Student Connect)

Units offered via **ACU Terms**:

PLEASE NOTE FOR THE MAP ABOVE

Prerequisites (*'Pre:'*) and Incompatibles (*'Inc:'*) are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT DELIVERY MODES

C - Campus attendance

Learning activities or classes are primarily face-to-face at an ACU campus or approved ACU delivery site.

M - Multi-mode

Learning activities are online with a compulsory attendance component (including examinations, practicums, residentials etc).

OU - Online unscheduled

Fully online with learning activities accessible at any time (including assessments).

OS - Online scheduled

Fully online with learning activities held at scheduled times (including assessments).

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Angelica Thompson-Butel Email: Angelica.Thompsonbutel@acu.edu.au

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